



Astro Turf Opening

Well, eventually it's here and it's fantastic! After years of planning, producing applications and reports, the College astro turf has finally been completed; and is proving very popular amongst staff, pupils and the local community.

Built to a FIFA 2 star standard and costing a cool £400,000, the pitch was officially opened back in November by Kent County Council Leader John Simmons, alongside former Olympic shot putter Judy Oakes OBE and ex - Liverpool, Sheffield Wednesday and Charlton Athletic goalkeeper Bob Bolder.

The project is a dream come true for everyone involved after years of hard work trying to raise the funds, which was no easy feat as Head Teacher Mrs Christine Chapman explained: "It has taken 5 years to achieve our dream and everyone worked tirelessly to raise the funds. The majority of the funding came from Kent County Council and the government but the rest was raised by various fundraising activities or-



John Simmons cuts the ribbon, ably assisted by Mrs Chapman, Judy Oakes and Bob Bolder

ganised by the school. Seeing our expertly designed pitch in all its glory is testimony to the efforts of everyone that worked so hard to make it happen."

As we go to print the College has just been approved additional funding for a new changing block, plus coaching room from the Football Foundation. The new development will be built between the gymnasium and astro turf, taking the cost of the whole project to nearly £1 million.

Breaking News

First Aid Course

Over 40 students have successfully completed a First Aid Course as part of their accreditation qualifications. Year 10 pupils studying for the Level 2 BTEC Sport Diploma were joined on the one day course by the 6th form Community Sports Leaders students. Congratulations to them all.

Award Winners

Congratulations to all individuals who have been recognised by the Dover School Sport Partnership for their continued efforts and achievement in Sport.

The awards ranged from 'Gifted & Talented' to 'Achievement in the face of adversity'. All awards were presented to the prize winners in their respective school assemblies by either Mrs Head or Mr Smith.

Pantomime

The annual pantomime again proved to be a very successful affair. With cameo performances from several members of staff including Mr Redfern and Mr Willmott; Aladdin was staged for 3 nights in the week before the Christmas break. Thanks to Mrs Hayes-Watkins and Miss Morton for their tireless hard work organising the production.

Extra Curricular PE Clubs

The extra curricular sports clubs currently offered by the PE department are listed below. All fixtures and the daily lunch time football club on the astroturf are not displayed.

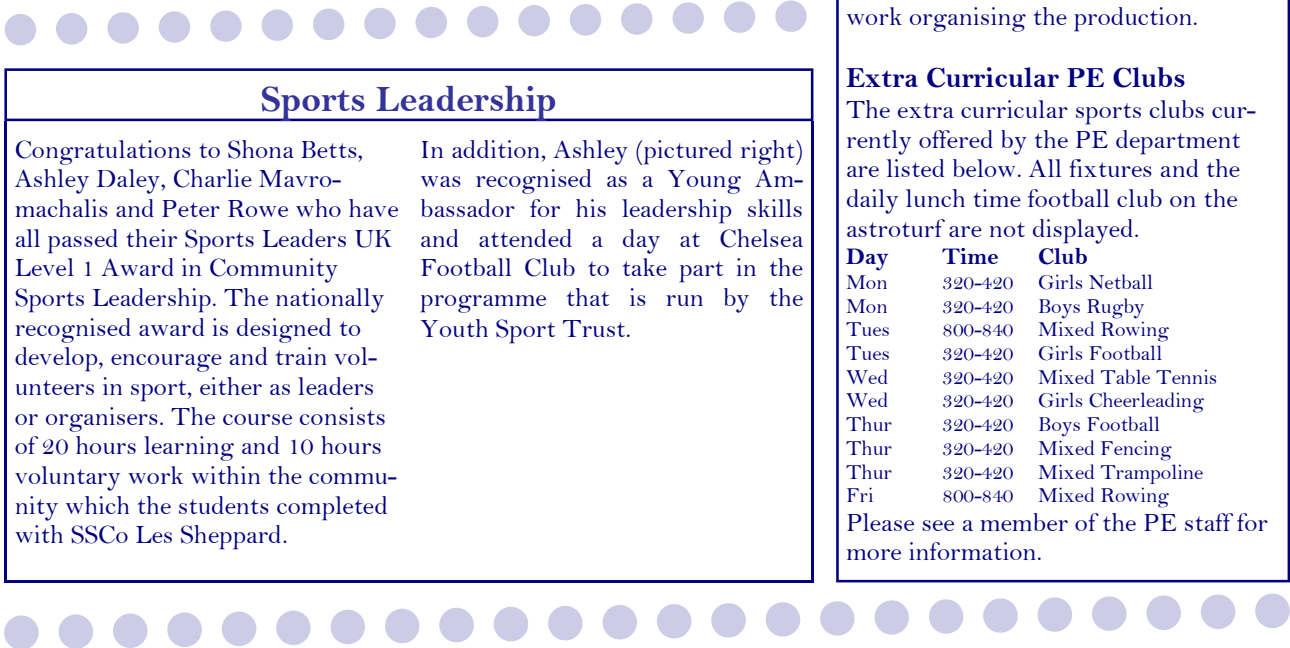
Day	Time	Club
Mon	320-420	Girls Netball
Mon	320-420	Boys Rugby
Tues	800-840	Mixed Rowing
Tues	320-420	Girls Football
Wed	320-420	Mixed Table Tennis
Wed	320-420	Girls Cheerleading
Thur	320-420	Boys Football
Thur	320-420	Mixed Fencing
Thur	320-420	Mixed Trampoline
Fri	800-840	Mixed Rowing

Please see a member of the PE staff for more information.

Sports Leadership

Congratulations to Shona Betts, Ashley Daley, Charlie Mavromachalis and Peter Rowe who have all passed their Sports Leaders UK Level 1 Award in Community Sports Leadership. The nationally recognised award is designed to develop, encourage and train volunteers in sport, either as leaders or organisers. The course consists of 20 hours learning and 10 hours voluntary work within the community which the students completed with SSCo Les Sheppard.

In addition, Ashley (pictured right) was recognised as a Young Ambassador for his leadership skills and attended a day at Chelsea Football Club to take part in the programme that is run by the Youth Sport Trust.



60 Sec Interview

Name: Rhianne O'Neill	World Championships
Age: 16	Sporting Hero: Kelly Holmes
Subjects studying: English, Maths, Science, PE, Business, Resistant Materials & French	Current Training: Week days 2 hours per evening, weekends 5 hours per day, plus tournaments every 6 weeks
Specialist Sport: Tae Kwon Do	Sporting Ambition: To represent Great Britain at the 2012 London Olympics
Sporting Achievements: European Junior Sparring Champion, Bronze Medal at Junior	

Dover District School Sport Partnership Update

Since September the Dover District School Sport Partnership has been working with a number of the 'Phase 1' schools to set up Big Lottery Funded extra-curricular clubs.

'Active Playtimes' is being implemented by many schools within the partnership. The scheme makes better use of playtimes, by zoning the playground, introducing equipment, training Year 5 & 6 playleaders, and appointing an 'Active Playtimes manager' to oversee the scheme.

Whereas, 'Diddies Dance' has been running in several schools, with playstations, dance mats, and 'i-Toys' being bought for the breakfast clubs. Many schools have opted to run 'Mini Movers', which is a 15 week block of multi

skills and 'speed stacking', delivered by a number of trained coaches, and aimed at KS1 pupils.

There has also been a 'Get Active' after school gymnastics club and several trampoline clubs have been running at many secondary schools in the partnership, targeting KS2 & 3 pupils.

Several clubs running have been aimed at KS4 girls, including cheerleading, kickboxing and aerobics. The after school Cheerleading club at Castle has proven to be successful, and attendance at the club is linked to behaviour in the whole school environment, and participation in P.E. Pupils from Years 8, 9 & 10 enjoyed a cheerleading performance by 'the Mavericks' at the end of Term 3.

Representative Sporting Honours

Over the past few months several Castle pupils have received representative sporting honours.

In addition to Rhianne O'Neill, Danny Herriot (pictured top right) in Year 9 has been selected for the Kent U14 Rugby squad and recently scored 3 tries against Hampshire. Year 8 students Macauley Murray and John Brayne have represented the Dover & Deal U13 Football Team and Alex Gaches (pictured bottom right), in Year 8 is currently ranked No.46 at Tennis in the U14 age group.

Also, former student Alice Pettitt has been selected for the England Ladies Rugby squad. She will play against Ireland, Scotland and Wales in the home Nations Competition, and then travel across the Atlantic to face the USA and Canada.

We wish them all every success in their sporting endeavours. Most pupils mentioned will be given additional support to achieve their goals by being mentored on the Gifted & Talented programme at Castle Community College.

Coming Soon

Indoor Rowing

With the success of rowing at Castle an application has made to 'Awards for All' for some additional rowing machines. If successful, the Lottery grant scheme will provide the College with up to 5 more concept II ergo rowing machines.

Comic Relief

Comic Relief comes to Castle on Friday March 16th. Along with a 'Tracksuit Day' where pupils pay 50p to wear their PE/Performing Arts tracksuits, there will be lunchtime entertainment in the Theatre including 'The Glutton Bowl' a crazy eating competition. Entrance is 50p and all proceeds go to Comic Relief.

College Website

With the introduction of the College intranet, that includes a countdown for Year 11 until their exams start, the College website is currently being re-designed. Visit the website at: www.castle.kent.sch.uk

Interested in Writing an Article?

If you wish to write an article in the next edition of the Sports College Newsletter then please see Mr Smith, Director of Sport and Performing Arts.